BIG DEAL 
or 
LITTLE DEAL?

*Make sure to use self-talk throughout this process

LITTLE DEAL?

ACT

PLAN
- What is my role in this setting?
- What is the adult/peer’s role in this setting?
- What tools do I need to be successful?

REVIEW
- Did it work?
- If not, how could I improve it for next time?

BIG DEAL?

ACT

REVIEW
- Did it work?
- If not, how could I improve it for next time?